

Compliance of *From Farm To Table – Canada* popcorn products with Going the Healthy Route at School - Framework Policy on Healthy Eating and Active Living (Québec)

Nutrition facts for [From Farm To Table – Canada popcorn products](#) have been assessed according to the Evaluation Checklist in Pamphlet 2 - Healthy Vending Machines¹, as part of Québec's Framework Policy on Healthy Eating and Active Living.²

Assessment of *From Farm To Table – Canada* popcorn products (per 23g serving)

Flavour	Nutrient Content					Total Points	Colour Rating
	Total Fat (g)	Saturated and trans Fats (g)	Fibre (g)	Sugars (g)	Sodium* (mg)		
Light Butter & Salt	1 (3 pts)	0 (5 pts)	4 (3 pts)	1 (0 pts)	160	11	Green
White Cheddar	1.5 (3 pts)	0 (5 pts)	4 (3 pts)	0 (0 pts)	65	11	Green
Dill Pickle	1.5 (3 pts)	0 (5 pts)	3 (2 pts)	1 (0 pts)	200	10	Green
Kettle Corn	1.5 (3 pts)	0 (5 pts)	2 (2 pts)	7 (-3 pts)	115	7	Yellow

*Sodium is not a criterion included in the Evaluation Checklist, but values are shown for information purposes.

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¹ Éducation Loisir et Sport Québec. Pamphlet 2 – Healthy Vending Machines.

Available at: http://www.mels.gouv.qc.ca/sections/viragesante/pdf/fiche2_en.pdf.

² Gouvernement du Québec Ministère de l'Éducation du Loisir et du Sport. Going the Healthy Route at School – Framework Policy on Healthy Eating and Active Living, 2007.

Available at: http://www.mels.gouv.qc.ca/sections/viragesante/pdf/virageSante_en.pdf.